

THE COUPLES CURE

Miraculous Recovery for Couples on the Brink

The 7 Questions to Defuse Conflict

1. What am I feeling?
2. What do I want?
3. How is the past coloring the present?
4. What am I getting out of staying stuck?
5. What do I need to say?
6. What agreements have I broken?
7. How can I be of service?